



Spring Farm Public School

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Newsletter Term 4 Week 3 2017

Coming Soon

- 2018 third Kindergarten transition workshop Wednesday 29th November 2017
- School Photos 31st October 2017, please contact www.pakpix.photo for more information.
- 4/5 Bondi & Team MCG Class Assembly Thursday 26th October 2017 2:10pm
- K Perth Assembly Thursday 16th November 2017 2:10pm
- P&C meetings Monday 30th October & Monday 27th November at 6:30pm 2017.
- Narellan Bunnings' Fundraising Barbecue 4th November 2017
- Swim Scheme Years 2-6, 6th November to 17th November 2017
- Grandfriends' Day 10th November 2017
- Presentation Day 7th December 2017
- Carols on the Quad 8th December 2017
- Kindergarten Graduation 13th December 2017
- Water Fun Day 14th December 2017
- Students' last day at school 15th December 2017
- Year 6 Farewell 15th December 2017

Please keep referring to the Skoolbag app on your mobile phone and the school website for up and coming events or reminders. Like all schools, they are very busy places.

www.springfarm-p.schools.nsw.edu.au/communication/skoolbag

Dear Parents and Carers,

It has been a busy start to the term however, there have been many student successes and celebrations. Spring Farm Public School was represented by Brooklyn, Lara, Oliver and Sharni who all did a wonderful job competing and representing our school. Lara received a highly commended for her efforts. Thank you to the Mrs Kelly and her committee for organising and running the school competitions as well as, the support from our parents.

The final week of Kindergarten transition program was held on the 23rd and 24th October 2017 from 9:30am to 10:30am. A big thank you to the P&C for providing morning tea and information to our new parents.

An optional third kindergarten transition workshop for the 2018 Kindergartens will be held on 29th November 2017 from 9:30am to 10:30am. Flyers have been provided to parents and information has been sent through skoolbag and is available on the school's website. Please RSVP by the due date so that we can organise student groups.

School Camp

Congratulations to all the students, teachers and staff who participated in the Tea Garden school camp, everyone enjoyed themselves. Please view the photo's on the school's website.


School updates

Ms Duncombe will be on leave from 26th October to the 10th November 2017. We welcome Mrs Mortier who will continue to follow Ms Duncombe's program.

School Photos

School photos will be held on Tuesday 31st October 2017. All students are to be dressed in full school summer uniform. **Family and other group photos (sports captains & student leaders) will also have their photos taken on this day.** Log into www.pakpix.photo for more information.

Students in Kindergarten Perth, Stage 2 Daintree and Stage 3 Uluru have already had their class photo taken. However, the Student Leaders who represent K Perth, Stage 2 Daintree and Stage 3 classes will have Student Leaders photo taken with the other student leaders on 31st October 2018, please dress in full school summer uniform.



Spring Farm Public School - Annual School Photos

Date: Tuesday 31st October 2017
Order and pay **ONLINE** now at www.pakpix.photo

Grand \$45
8x10" class photo
5x7" individual x2
3x5" individual x2
wallet prints x2 + mini prints x2
individual digital file

PAK 1 \$30
8x10" class photo
5x7" individual x2

PAK 2 \$30
8x10" class photo
5x7" individual
3.5x5" x2

PAK 3 \$30
8x10" class photo
5x7" individual
3.5x5" + 2 wallets

PAK 4 \$25
8x10" class photo
5x7" individual

Family PAK \$15
For families of two or more children
5x7" family photo and 4 wallet prints

Extra Individual 4x6" Print	\$5
Extra Individual 5x7" Print	\$10
Extra Individual 8x10" Print	\$20
Calendar 8x10"	\$15
4 Extra Wallet prints	\$5
8 Extra Wallet Prints	\$8
Class Group Photo	\$20
Extra Family 5x7" Print	\$10
Hi Res Individual Digital File	\$10
Hi Res Family Digital File	\$10

PAKpix
PAK Pix 1A Wilson Crescent, Narellan NSW 2567.
www.pakpix.photo Phone 0411 552 488

Class assembly as a community gathering to celebrate students and school successes

Each class will host an assembly every third Thursday from 2pm in the school hall. A majority of time we will start around 2:10pm to allow the classes to settle. At times, we may need to start on time at 2pm however, it depends on the content that needs to be covered. Details of which class will be hosting the assembly can be found on the top of the newsletter or in the calendar section from the school's website. This assembly is an opportunity to celebrate the successes of students and allows the host class to present small items or skits to the community. All parents, carers, family and friends are welcome to attend.

School's merit awards are currently handed out in class assemblies to celebrate the success of all students. From our school surveys, there were some requests for parents and carers to be alerted when their child receive a merit award. The merit award system is a complicated process, a teacher may be determining which student receives an award early in the week, while other teachers may leave it so that a student is encouraged to work towards their goals, which could be on the day of the assembly. Although we have a tracking system of the students who are receiving the awards, it is difficult to correctly coordinate specific details and alert all the parents and carers in a timely manner so that they can attend the assembly. As we grow in enrolments, we will continue to amend and revise the merit award policy and procedures. As students go up the merit award levels and achieve a higher award such as a Principal's award, parents and careers will be notified of this distinguished award and will invite them in a timely matter to attend the assembly.

Positive Behaviour for Learning (PBL)
Value of Week 4 & 5
Is

Showing understanding of another's feelings
Expressing concern for another

Be a Safe, Be Respectful, Be a Learner and a Problem solver at all times



Intention to apply for a Selective High School for 2019

If you have a child in Year 5 in 2017, you may wish to apply for a selective high school placement in 2019. Applications are open from **Tuesday 10 October** and close Monday **13 November 2017**. You must apply online using the following link:

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>.

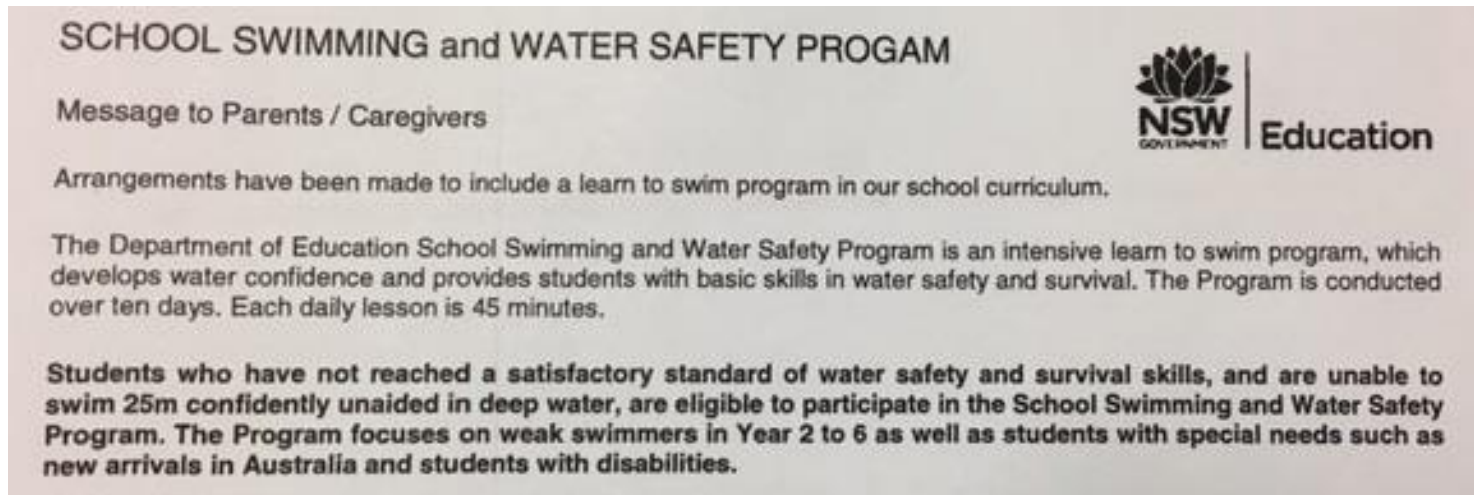
Reminder

SCHOOL SWIMMING and WATER SAFETY PROGRAM

Spring Farm Public School is excited to be able to offer the above program to students wishing to learn to or improve the swimming and water safety skills.

As Australians, we spend a lot of our time in and around the water; it's a big part of our culture. For this reason, it's important that our students learn water safety and survival skills, so that they can continue to enjoy aquatic activities.

Please read the following guidelines about the program from the Department of Education.



SCHOOL SWIMMING and WATER SAFETY PROGRAM

Message to Parents / Caregivers

Arrangements have been made to include a learn to swim program in our school curriculum.

The Department of Education School Swimming and Water Safety Program is an intensive learn to swim program, which develops water confidence and provides students with basic skills in water safety and survival. The Program is conducted over ten days. Each daily lesson is 45 minutes.

Students who have not reached a satisfactory standard of water safety and survival skills, and are unable to swim 25m confidently unaided in deep water, are eligible to participate in the School Swimming and Water Safety Program. The Program focuses on weak swimmers in Year 2 to 6 as well as students with special needs such as new arrivals in Australia and students with disabilities.

Provisional details of the program:

Date: Week 5 & 6, Term 4 (6-17 November, 2017) – Monday-Friday daily (45mins)

Where: Camden Memorial Pool

Cost: \$8.50/day (total \$85.00)

Transport: Bus

Further information: <https://app.education.nsw.gov.au/sport/>

A payment schedule will be set up for parents to pay for the program in instalments.

If you are interested in your child/ren participating in this intensive, learn to swim program, please complete the following details.

If you have any questions, please see Mrs Creber.



Remembrance Day Commemoration and Grandparents Day



Spring Farm Public School invites our grandparents and families to celebrate National Grandparents Day and join us in commemorating Remembrance Day.

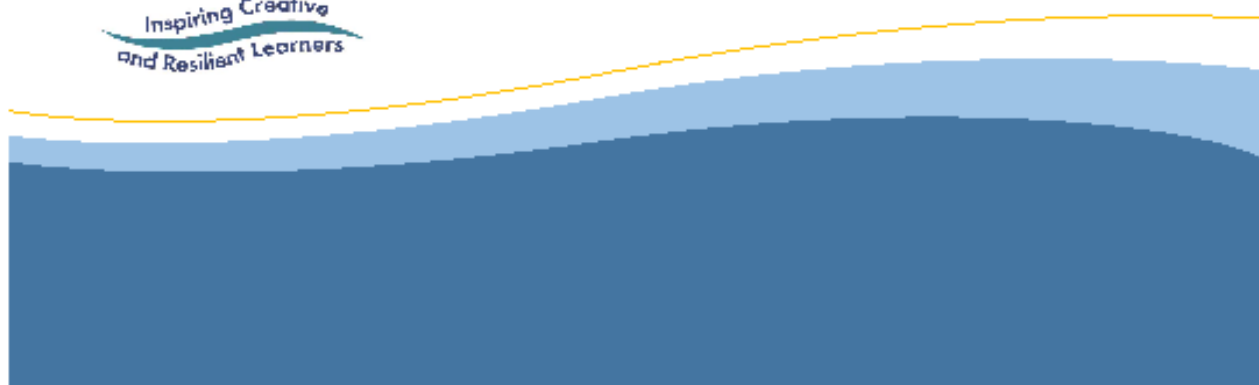
November 10th, 2017

Class Visits: 10:15

Remembrance Day Service: 10:40

Grandparents Day Performance: 11:10

Picnic Lunch: 11:30 - 12:00



Making it a success with Sue Larkey



Practical strategies for home and school for Autism Spectrum Disorders – **FREE!**

The Best Support Comes from Understanding

Many of you would have heard me say 'It takes a community to raise a child with ASD'. It is the support from home, school and the wider community that can truly make a difference – and make it a success. I strongly believe that UNDERSTANDING is a key element of this. In this Newsletter I have included a range of tips, information and resources to help you support the children you know with autism spectrum disorder:

- Using fidget tools and how to introduce to whole class, family, etc.
- Increasing and supporting communication.
- How and why to use visuals.
- 17 tips to develop a good relationship between home and school.
- Using social scripts to help understanding of social rules and situations.

Insights from Dr Tony Attwood

Many of you have had the pleasure of hearing Dr Tony Attwood speak or read his best-selling books on ASD. Every time I hear Tony speak I gain insights and information that increases my understanding and knowledge of ASD. In the upcoming workshops (see back page) Tony is going to be sharing a huge amount of information including:

- Cognitive abilities: a different way of thinking.
- Managing feelings: cognitive behaviour therapy and its role in providing greater strategies to manage emotions and behaviour.
- Special interests: origins and constructive strategies.
- Sensory sensitivities.
- Managing challenging behaviour.
- Meltdowns, tantrums and more.
- Anxiety.

My favourite Dr Tony Attwood quotes:

"Autism spectrum is a different way of learning NOT dysfunctional way of learning."

"Without a diagnosis children and parents are judged, with a diagnosis they can be supported."

"Every HOUR of socialisation needs an HOUR of downtime."

"People with autism spectrum do not suffer from AS, they suffer from the attitudes of other people."

I have a number of upcoming workshops with Tony – see the back page for more information. (NSW, VIC, QLD, SA)

FREE Tony Attwood Webinar: Watch Anytime, Anywhere
Between : 24 July – 6 August 2017

To watch go to <https://elearning.suelarkey.com.au>

Issue 45, July 2017

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Time Management = Anxiety Management
See page 9 to order



My Newsletter is emailed out at the beginning of each term. To have it delivered direct to your inbox sign up at www.suelarkey.com.au

Sue Larkey
Autism Consultant



Sue Larkey
LEARNING HELP A

Making it a success with Sue Larkey – Term 3/ 2017

www.suelarkey.com.au

P&C Achievements and Meeting

The next Spring Farm Public School P&C meeting will be on Monday 30th October **2017 6:30pm** in Block C. All parents and carers are welcome to attend. Please contact P&C via email: springfarmpublicschoolpc@gmail.com

P & C Fundraising Update

Welcome back to Term 4! The P & C has got lots of things happening this term to continue to raise money for our school. Things that we are raising money for this term include outdoor play equipment and air conditioning. Please find below a list of things that we are working on this term. More information will follow in the next couple of weeks

1. SILVER COINS - we are continuing to collect any spare silver coins you have lying around at home. Your child's class has a jar to put the coins in. Due to the lower amounts collected last term, we are rolling Term 3 and Term 4's collections together. Half of the money raised will go to Campbelltown Children's Ward and the other into the fundraising pot. There is also a prize this term for the class that has collected the most money over the whole year. So get collecting and good luck to all the classes.

2. BUNNINGS BBQ - SATURDAY 4th NOVEMBER

We are hosting another Bunnings BBQ next month at Narellan and need your support! We are looking for volunteers to help us out. We need 6-8 people in each time slot and currently still need volunteers from 12pm till finish. We run in 2 hourly slots, though you are welcome to do more! We start at 8am and finish about 5pm so if you are able to help out, please contact the P & C via email springfarmpublicschoolpc@gmail.com to volunteer. There will also be a volunteer sheet at the school office so you can fill it in.

We appreciate all your support. The BBQ is a great way to get to know other families in the school and also to support us as we raise money for our children's school.

3. STUCK ON YOU LABELS

We have signed up with Stuck on You Labels so that you can order your child's labels for clothes, lunch boxes and stationery for next year. 20% of what you pay comes straight to the P & C for us to you use in the purchasing of outdoor play equipment.

Thank you all for your ongoing support of the school. Please do not hesitate to contact us if you have any questions or queries about the above or anything else associated with the P & C.

EMAIL springfarmpublicschoolpc@gmail.com



Christmas

The Giving Tree



Helping Those in Need

Gifts should be returned no later than Friday 15th December

- ☐ Collect a gift tag from one of the Christmas trees located at Spring Farm Public School, Narellan Library & Camden Community Connections Office
- ☐ Buy a gift and wrap it OR even easier, place your gift in a Christmas bag
- ☐ Return your gift to one of the Christmas trees locations

 Camden Community Connections

If you have any enquiries please call Camden Community Connections on 4647 1283
16-24 Queen Street, Narellan 2567

 Camden Community Connections 

SPRING FARM COMMUNITY BBQ

3:00PM - 5:00PM
TUESDAY 7TH NOVEMBER

SPRING RESERVE, SPRING FARM (OFF BURRELL ROAD)

GAMES & MUSIC

Everyone is WELCOME

COMMUNITY BBQ

 Camden Community Connections

P: 4647 1283
E: danlei.gobena@camdenconnections.org.au
www.camdenconnections.org.au

LET'S PLAY





Playgroups by Camden Community Connections

Monday	Wednesday	Thursday
Bright Eyes Playgroup	Playlinks Playgroup	Bright Stars Playgroup
10:00 am - 11:30 am	10:00 am - 11:30 am	10:00 am - 12:00 pm
Narellan Child, Family and Community Centre, Queen Street Narellan	Sedgwick Reserve, Currans Hill	Narellan Child, Family and Community Centre, Queen Street Narellan
\$2.00 Donation per child Bring a piece of fruit	Gold Coin Donation Morning tea included	\$3.00 Donation per child Bring a piece of fruit
A supported playgroup during school terms for children from 0 to school age and their parents/carers in partnership with Qualified family workers facilitate a planned developmental program that promotes age appropriate growth and development.	An outdoor supported playgroup which provides a developmental program during school terms for children from 0 to school age and their parents/carers in partnership with Northcott Disability Services and Benevolent Society.	A community playgroup run by parents which operates on Thursday mornings for children aged 0-5 years old during school terms.

 Camden Community Connections

Ph. 46471283
E: info@camdenconnections.org.au
www.camdenconnections.org.au
Narellan Child Family and Community Centre

 LIKE US ON facebook

 Camden Community Connections   

TRIPLE P PARENTING PROGRAM & ANTI-BULLYING PROGRAM

12:30PM - 2:30PM

SPRING FARM PUBLIC SCHOOL
Barley Road, Spring Farm NSW 2570

TUESDAY 28TH NOVEMBER
TUESDAY 5TH DECEMBER
TUESDAY 12TH DECEMBER


Triple P Parenting Program

"Triple P is a parenting program for all families that provides practical answers to everyday parenting concerns"

Anti-bullying Program

Understanding the effects of bullying on the emotional & psychological level
Talk therapy and how it works to help children express emotions to words

BOOK NOW!

 Camden Community Connections

P: 4647 1283
E: danlei.gobena@camdenconnections.org.au
www.camdenconnections.org.au

Healthy School Canteens

Eat the right stuff

Find “Everyday” foods at your canteen and fuel with the **RIGHT STUFF!**

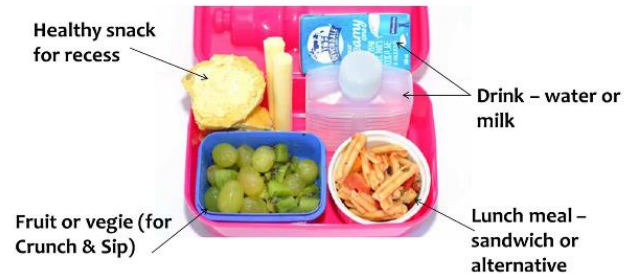
Here is a great example →



Healthy Lunchboxes

How much to pack?

Our stomachs are about the size of our fist. That's not very big. So make sure you're getting the best nutrition out of every bite.



Live Life Well
@ School

Screen Time

If not screens, what else?



Fill a box with activities your children enjoy doing. So the next time they say “I’m bored,” they can choose an activity rather than watching screens. Below are some of the activities you could include:

